



April 2017

**South Central PA Health Care Quality Unit Training Syllabus**

To register please email: [tl@theadvocacyalliance.org](mailto:tl@theadvocacyalliance.org)

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Dementia	This training will provide an overview of dementia and the different types including Alzheimer's. Recognizing signs and symptoms, treatment options, and support strategies including ways to adapt the environment to assure safety, will be explored.	4/4/17	10:00 a.m.-12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
Everyday Lives and Recovery: The Role of Everyday Lives and Recovery. (Official ODP dual diagnosis curriculum, #15 in series)	This training provides an overview of 14 components of Everyday Lives and the role they relate to Direct Supporters are presented as well as the importance of empathy, trust, and rapport in the care giving process.	4/5/17	10:00 a.m. -12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Dementia	This training provides an overview of dementia and the different types including Alzheimer's. Recognizing signs and symptoms, treatment options, and support strategies including ways to adapt the environment to assure safety, will be explored.	4/11/17	1:00 p.m.-3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Understanding Brain Injury (Presented by Carol Hoover of the Brain Injury Association of Pa)	This training provides an overview of types, causes, and mechanisms of brain injury. Topics to be covered include prevalence, incidence, concussions, prevention Common effects of brain injury, and treatment. <b>This training has a limited registration of 35.</b>	4/13/17	10:00 a.m. -12:00 p.m.	St. Matthew's Evangelical Church York, PA
Understanding Behavior: Target Symptoms of Mental Health Challenges vs. Challenging Behavior (Official ODP dual diagnosis curriculum, #10 in series)	This training provides an understanding of the complexity of identifying target symptoms of a mental health challenge versus challenging behaviors and will discuss both physical and environmental considerations.	4/20/17	10:00 a.m-12:00 p.m.	Lebanon County MH/ID/EI County Office Building
Dysphagia and Gastroesophageal Reflux Disease (GERD)	This training provides an overview of dysphagia and ways to support individuals with this swallowing disorder. An overview of GERD and the care of individuals with this disorder will also be covered.	4/27/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA
Cardiovascular System: Functions, Diseases and Treatments	The training provides an overview of cardiovascular disease (CVD). This training features CVD by definition, causes and types of CVD, effects of CVD, and risk factors and warning signs of CVD.	4/28/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	Franklin County Annex Building Chambersburg, PA



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Everyday Lives and Recovery: The Role of Everyday Lives and Recovery. (Official ODP dual diagnosis curriculum, #15 in series)	This training provides an overview of 14 components of Everyday Lives and the role they relate to Direct Supporters are presented as well as the importance of empathy, trust, and rapport in the care giving process.	5/2/17	10:00 a.m. - 12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
Sleep, Fatigue and Chronic Fatigue Syndrome	This training provides basic information about sleep, the causes and effects of fatigue, and strategies to reduce or eliminate fatigue. This training features chronic fatigue syndrome, including symptoms, diagnosis and treatment.	5/3/17	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Grief and Bereavement	This training provides information about bereavement and the grief process. This training features the stages of accepting death, how to break the bad news and ideas that can be used to assist adults with developmental disabilities experiencing the grief process.	5/9/17	1:00 p.m.-3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Understanding Behavior: Understanding Trauma-Informed Care and Stressful Life Events.(Official ODP dual diagnosis curriculum, #9 in series)	This training provides information regarding the understanding of trauma, how it relates to people with an intellectual disability and recommendations designed to develop a trauma sensitive environment.	5/11/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA
Understanding Brain Injury (Presented by Carol Hoover of the Brain Injury Association of Pa)	This training provides an overview of types, causes, and mechanisms of brain injury. Topics to be covered include: prevalence, incidence, concussions, prevention Common effects of brain injury, and treatment. <b>This training has a limited registration of 35. The room for this training has been changed to the old senior center room-ask the security guards to direct you.</b>	5/12/17	10:00 a.m. - 12:00 p.m.	Franklin County Annex Building Chambersburg, PA
Behavioral De-Escalation	This training provides information about behavioral de-escalation and factors contributing to challenging behaviors.	5/18/17	10:00 a.m. - 12:00 p.m.	Lebanon County MH/ID/EI County Office Building
Bed Bugs	This training provides an overview of bed bugs, including features definition, identification, life cycle, identification of hiding spots and signs of infestation, prevention, and treatment of bed bugs.	5/25/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA



June 2017

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<b>TITLE</b>	<b>DESCRIPTION</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Behavioral De-Escalation	This training provides information about behavioral de-escalation and factors contributing to challenging behaviors.	6/6/17	10:00 a.m. - 12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
Lyme Disease	This training provides information on Lyme Disease symptoms, causes, risk factors, diagnostic and screening tests, treatment options, and prevention strategies.	6/7/17	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Summer Safety	This training provides information about dehydration, heat exhaustion, heat stroke, risk factors for heat related illnesses, medication affecting heat regulation, drug induced photosensitivity, skin cancers, and allergic reactions.	6/8/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church, York, PA
Everyday Lives and Recovery: Mental Health Therapy and Dual Diagnosis. (Official ODP dual diagnosis curriculum, #16 in series)	This training provides information about what mental health therapy is, why it is beneficial, the role of the team in the therapy process and the resources for locating and accessing mental health therapy.	6/9/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	Franklin County Annex Building Chambersburg, PA
Everyday Lives and Recovery: The Role of Everyday Lives and Recovery. (Official ODP dual diagnosis curriculum, #15 in series)	This training provides an overview of 14 components of Everyday Lives and the role they relate to Direct Supporters are presented as well as the importance of empathy, trust, and rapport in the care giving process.	6/13/17	1:00 p.m.- 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Epilepsy and Seizures	This training provides an overview of Epilepsy and Seizures. This training features characteristics of different types of seizures, first aid and emergency management.	6/15/17	10:00 a.m. - 12:00 p.m.	Lebanon County MH/ID/EI County Office Building
Understanding Behavior: Target Symptoms of Mental Health Challenges vs. Challenging Behavior (Official ODP dual diagnosis curriculum, #10 in series)	This training provides an understanding of the complexity of identifying target symptoms of a mental health challenge versus challenging behaviors and will discuss both physical and environmental considerations.	6/22/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church, York, PA