



July 2026

**South Central PA Health Care Quality Unit Training Syllabus**

<b>TITLE</b>	<b>DESCRIPTION</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
<b>Emotional Intelligence</b>	This training provides an overview of emotional intelligence including its components and skills to improve your own emotional intelligence.	7/6/26	1:00 p.m.- 2:00 p.m. (ET)	via Zoom
<b>Universal Precautions</b>	This training provides an overview of universal precautions, including elements needed to spread infections, routes of transmission, and prevention techniques.	7/9/26	10:00 a.m.- 11:00 a.m. (ET)	via Zoom
<b>Lyme Disease</b>	This training provides an overview of Lyme disease including causes, symptoms, risk factors, diagnostic and screening tests, treatment options, and prevention strategies.	7/21/26	2:00 p.m.- 3:00 p.m. (ET)	via Zoom
<b>Overview of Eating Disorders</b>	This training provides an overview of eating disorders, including a definition and diagnostic criteria of the different eating disorders. In this presentation, the health consequences of eating disorders will be discussed, as well as causes, treatments, and how to support someone with an eating disorder.	7/27/26	10:00 a.m.- 11:30 a.m. (ET)	via Zoom

To register please email Colleen Rafferty-- [cmr@theadvocacyalliance.org](mailto:cmr@theadvocacyalliance.org)



August 2026

**South Central PA Health Care Quality Unit Training Syllabus**

<b>TITLE</b>	<b>DESCRIPTION</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
<b>Compromised Skin Integrity</b>	This training provides an overview of compromised skin integrity, including the role of the skin as an organ, risk factors for skin breakdown, the stages of breakdown, treatments, interventions, and barriers to healing.	8/3/26	1:00 p.m.- 2:00 p.m. (ET)	via Zoom
<b>The Fatal Five (Aspiration, Constipation, Dehydration, Seizures and Sepsis)</b>	This training provides an overview of the conditions included in the fatal five, their causes, risk factors, complications, and treatments as well as preventative strategies.	8/13/26	10:00 a.m.- 12:00 p.m. (ET)	via Zoom
<b>Medication Errors</b>	This training provides a compliment to ODP's medication administration program. This training features basic principles of medication administration, importance of observation, documentation and reporting medication side effects and errors, and common elements that lead to medication errors.	8/18/26	2:00 p.m.- 3:00 p.m. (ET)	via Zoom
<b>Trauma Informed Care</b>	This training provides an overview of trauma informed care, including the definition, signs and symptoms of trauma, and strategies to create a trauma informed system of care.	8/31/26	10:00 a.m.- 11:30 a.m. (ET)	via Zoom

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September 2026

**South Central PA Health Care Quality Unit Training Syllabus**

TITLE	DESCRIPTION	DATE	TIME	LOCATION
<b>Compassion Fatigue</b>	This training provides an overview of compassion fatigue as it is commonly experienced by workers in the human services field. The training will focus on identifying compassion fatigue in oneself and others through common signs and symptoms, suggestions for coping mechanisms for self-care, and resources for seeking further help.	9/7/26	1:00 p.m.- 2:00 p.m. (ET)	via Zoom
<b>Caregiver Sensitivity</b>	This training provides information on sensitivity as it pertains to caregivers working with individuals with developmental disabilities. This training highlight types of abuse, dynamics of an abusive relationship, and caregiver’s role in detecting and reporting abuse.	9/10/26	10:00 a.m.- 11:00 a.m. (ET)	via Zoom
<b>Medication Errors: De-briefing</b>	This training provides an overview of medication errors with a focus on the importance of de-briefing with staff after an error, including information on how to implement a de-briefing protocol.	9/15/26	2:00 p.m.- 3:00 p.m. (ET)	via Zoom
<b>Behavior De-escalation</b>	This training provides information about the underlying functions of behavior that can lead to escalation, and how to assist someone in de-escalating. This training will review de-escalation techniques and how to reduce risk of behavioral crisis.	9/28/26	10:00 a.m.- 11:00 a.m. (ET)	via Zoom

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