



July 2018

South Central PA Health Care Quality Unit Training Syllabus

To register please email Katie Freeman-- kf1@theadvocacyalliance.org

| TITLE | DESCRIPTION | DATE | TIME | LOCATION |
|--|--|-------------|--|---|
| Compromised Skin Integrity | This training provides an overview of compromised skin integrity, including the role of the skin as an organ, risk factors for skin breakdown, the stages of breakdown, treatments, interventions and barriers to healing. | 7/3/18 | 10:00 a.m. - 12:00 p.m. | Silver Spring Presbyterian Church Mechanicsburg, PA |
| Sexuality and Sexual Expression in Individuals with Developmental Disabilities | This training provides information to increase awareness about issues related to sexuality in individuals with developmental disabilities. Topics include sexuality education, diversity, and consent. The relationships and boundaries curriculum for individuals that is offered by the Health Care Quality Unit will be reviewed. | 7/10/18 | 1:00 p.m. - 3:00 p.m. | Linglestown Road Giant Store Harrisburg, PA |
| Grief and Bereavement | This training provides an overview of bereavement and the grief process. This training features the stages of accepting death, how to break the bad news and ideas that can be used to assist adults with developmental disabilities experiencing the grief process. | 7/11/18 | 10:00 a.m. - 12:00 p.m. | Hope Born in Christ Church Lancaster, PA |
| Obsessive Compulsive Disorder (OCD) | This training provides an overview of OCD, including signs and symptoms, causes, risk factors, complications, treatment, and ways to support individuals with OCD. | 7/12/18 | 10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m. | St. Matthew's Evangelical Church York, PA |
| Summer Safety | This training provides an overview of dehydration, heat exhaustion, heat stroke, risk factors for heat related illnesses, medication affecting heat regulation, drug induced photosensitivity, skin cancers, and allergic reactions. | 7/13/18 | 10:00 a.m. - 12:00 p.m.. | Franklin County Annex Building Chambersburg, PA |
| *Consumer Syllabus* Summer Safety | This training provides an overview of how to stay safe and healthy during the summer months. | 7/13/18 | 1:00 p.m. - 2:00 p.m. | Franklin County Annex Building Chambersburg, PA |
| The Fatal Four (Aspiration, Constipation, Dehydration, Seizures) | This training provides an overview of conditions included in the fatal four, their causes, risk factors, complications, and treatments as well as preventative strategies. | 7/19/18 | 10:00 a.m. – 11:00 a.m. | Lebanon County CMU Office Building |
| Medication Errors | This training provides a compliment to ODP's medication administration program. This training features basic principles of medication administration, importance of observation, documentation and reporting medication side effects and errors, and common elements that lead to medication errors. | 7/26/18 | 10:00 a.m. - 12:00 p.m. | St. Matthew's Evangelical Church York, PA |
| *Consumer Syllabus* Summer Safety | This training provides an overview of how to stay safe and healthy during the summer months. | 7/26/18 | 1:00 p.m. - 2:00 p.m. | St. Matthew's Evangelical Church York, PA |



August 2018

South Central PA Health Care Quality Unit Training Syllabus

To register please email Katie Freeman-- kf1@theadvocacyalliance.org

| TITLE | DESCRIPTION | DATE | TIME | LOCATION |
|--|--|---------|--|--|
| Everyday Lives and Recovery: Stress Management for the Direct Supporter (Official ODP dual diagnosis curriculum, #20 and final presentation in the series) | This training provides an overview of stress for direct support professionals and how to reduce its effects in their lives and how to incorporate stress reduction techniques into their daily lives. | 8/1/18 | 10:00 a.m. - 12:00 p.m. | Hope Born in Christ Church Lancaster, PA |
| Stress Management | This training provides an overview of stress management, including the definition of stress, acute versus chronic stress, the psychological and physical effects of stress, along with management strategies and potential coping skills. | 8/7/18 | 10:00 a.m. - 12:00 p.m. | Silver Spring Presbyterian Church Mechanicsburg, PA |
| Depression | This training provides an overview of depression, including causes, diagnosis and therapeutic interventions as well as ways in which depression may present and be treated in the dually diagnosed population. | 8/9/18 | 10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m. | St. Matthew's Evangelical Church York, PA |
| The Urinary System | This training provides an overview of the urinary system, including how the system functions, common problems that may arise, and treatment options. | 8/10/18 | 10:00 a.m. - 12:00 p.m. | Franklin County Annex Building Chambersburg, PA |
| *Consumer Syllabus* Hygiene | This training provides an overview of what hygiene is, how to maintain it and why good hygiene is important to our health. | 8/10/18 | 1:00 p.m. - 2:00 p.m. | Franklin County Annex Building Chambersburg, PA |
| Diabetes | This training provides an an overview of diabetes, including the anatomy and physiology of diabetes, risk factors for and signs and symptoms of diabetes, hypoglycemia versus hyperglycemia, treatment options, long-term management strategies, and potential complications of diabetes | 8/14/18 | 1:00 p.m. - 3:00 p.m. | Linglestown Road Giant Store Harrisburg, PA |
| Bipolar Disorder | This training provides an overview of types of bipolar disorders, depressive and manic symptoms, treatment options, and bipolar disorder in individuals with I/DD. | 8/16/18 | 10:00 a.m. – 11:00 a.m. | Lebanon County CMU Office Building |
| Autism and Sensory Integration | This training provides an overview of Autism, including an introduction to Autism, symptoms, characteristics, causes, theories, and treatment options, including information on sensory integration therapy. *ASERT will also be presenting during this training* | 8/23/18 | 10:00 a.m. - 12:00 p.m. | St. Matthew's Evangelical Church York, PA |
| *Consumer Syllabus* Grief | This training provides an overview of grief including why and how we may experience grief in our life and strategies to help us manage it. | 8/23/18 | 1:00 p.m. - 2:00 p.m. | St. Matthew's Evangelical Church York, PA |



September 2018

South Central PA Health Care Quality Unit Training Syllabus

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| TITLE | DESCRIPTION | DATE | TIME | LOCATION |
|--|--|-------------|--|--|
| Autism and Sensory Integration | This training provides an overview of Autism, including an introduction to Autism, symptoms, characteristics, causes, theories, and treatment options, including information on sensory integration therapy. | 9/4/18 | 10:00 a.m. - 12:00 p.m. | Silver Spring Presbyterian Church Mechanicsburg, PA |
| Deep Vein Thrombosis (DVT) | This training provides an overview of DVT, including: causes, risk factors, symptoms, diagnoses, treatment and prevention. | 9/5/18 | 10:00 a.m. - 12:00 p.m. | Hope Born in Christ Church Lancaster, PA |
| Borderline Personality Disorder | This training provides an overview of borderline personality disorder, including the criteria for diagnosis, the presentation of symptoms and prevalence in developmentally disabled individuals, along with diagnosis, causes, support, and treatment options | 9/11/18 | 1:00 p.m. - 3:00 p.m. | Linglestown Road Giant Store Harrisburg, PA |
| Fetal Alcohol Spectrum Disorder (FASD) | This training provides an overview of FASD, including identification and diagnosis, strengths and difficulties that may be seen, as well as treatments and strategies for working with individuals with FASD | 9/13/18 | 10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m. | St. Matthew's Evangelical Church York, PA |
| Gastrointestinal (GI) Disorders | This training provides an overview of GI disorders, including basic anatomy and physiology of the digestive tract, signs and symptoms, causes, diagnosis, treatment, complications and prevention of gastrointestinal disorders. | 9/14/18 | 10:00 a.m.-12:00 p.m. | Franklin County Annex Building Chambersburg, PA |
| *Consumer Syllabus* Grief | This training provides an overview of grief including why and how we may experience grief in our life and strategies to help us manage it. | 9/14/18 | 1:00 p.m. - 2:00 p.m. | Franklin County Annex Building Chambersburg, PA |
| Pica (Eating Disorder) | The training provides an overview of Pica including theories of what causes Pica, warning signs, complications, and treatment and ongoing management. | 9/20/18 | 10:00 a.m. – 11:00 a.m. | Lebanon County CMU Office Building |
| Compromised Skin Integrity | This training provides an overview of compromised skin integrity, including the role of the skin as an organ, risk factors for skin breakdown, the stages of breakdown, treatments, interventions and barriers to healing. | 9/27/18 | 10:00 a.m. - 12:00 p.m. | St. Matthew's Evangelical Church York, PA |
| *Consumer Syllabus* Hygiene | This training provides an overview of what hygiene is, how to maintain it and why good hygiene is important to our health. | 9/27/18 | 1:00 p.m. - 2:00 p.m. | St. Matthew's Evangelical Church York, PA |