



March 2018

South Central PA Health Care Quality Unit Training Syllabus

To register please email: tl@theadvocacyalliance.org

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Everyday Lives and Recovery: Stress Management for the Direct Supporter (Official ODP dual diagnosis curriculum, #20 and final presentation in the series)	This training provides information for direct support professionals on stress and how to reduce its effects in their lives and how to incorporate stress reduction techniques into their daily lives.	3/6/18	10:00 a.m. - 12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
Sexuality and Sexual Expression in Individuals with Developmental Disabilities	This training provides information to increase awareness about issues related to sexuality in individuals with developmental disabilities. Topics will include sexuality education, diversity, and consent. The relationships and boundaries curriculum for individuals that is offered by the Health Care Quality Unit will be reviewed.	3/7/18	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Everyday Lives and Recovery: Stress Management for the Direct Supporter (Official ODP dual diagnosis curriculum, #20 and final presentation in the series)	This training provides information for direct support professionals on stress and how to reduce its effects in their lives and how to incorporate stress reduction techniques into their daily lives.	3/8/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA
Respiratory Complications	This training provides an overview of common respiratory diseases and illnesses. This training features a summary of the anatomy of the respiratory system, signs, symptoms, treatment and complications of respiratory illnesses, as well as preventative measures.	3/9/18	10:00 a.m. - 12:00 p.m.	Franklin County Annex Building Chambersburg, PA
Consumer Syllabus Understanding Doctors' Appointments and Preventative Care	This training provides information about the importance of medical appointments and preventative care as well as ways individuals can prepare themselves to make the most of each appointment.	3/9/18	1:00 p.m. - 2:00 p.m.	Franklin County Annex Building Chambersburg, PA
Everyday Lives and Recovery: Stress Management for the Direct Supporter (Official ODP dual diagnosis curriculum, #20 and final presentation in the series)	This training provides information for direct support professionals on stress and how to reduce its effects in their lives and how to incorporate stress reduction techniques into their daily lives.	3/13/18	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Sexuality and Sexual Expression in Individuals with Developmental Disabilities	This training provides information to increase awareness about issues related to sexuality in individuals with developmental disabilities. Topics will include sexuality education, diversity, and consent. The relationships and boundaries curriculum for individuals that is offered by the Health Care Quality Unit will be reviewed.	3/15/18	10:00 a.m. - 12:00 p.m.	Lebanon County CMU Office Building



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Epilepsy and Seizures	This training provides an overview of Epilepsy and Seizures. This training features characteristics of different types of seizures, first aid, and emergency management.	3/22/18	10:00 a.m. - 12:00 p.m.	St. Matthew's Evangelical Church York, PA
Consumer Syllabus Understanding Doctors' Appointments and Preventative Care	This training provides information about the importance of medical appointments and preventative care as well as ways individuals can prepare themselves to make the most of each appointment.	3/22/18	1:00 p.m. - 2:00 p.m.	St. Matthew's Evangelical Church York, PA



April 2018

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TITLE	DESCRIPTION	DATE	TIME	LOCATION
The Urinary System	This training provides an overview of the urinary system, including how the system functions, common problems that may arise, and treatment options.	4/3/18	10:00 a.m. - 12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
The Fatal Four (Aspiration, Constipation, Dehydration, Seizures)	This training provides information on which conditions are included in the fatal four, their causes, risk factors, complications, and treatments as well as preventative strategies.	4/4/18	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Intellectual Disability and Psychiatric Disorders (Official ODP dual diagnosis curriculum, # 12 in series)	This training provides an overview of various psychiatric disorders and an introduction to the Diagnostic and Statistical Manual of Mental Disorders (DSM) and the Diagnostic Manual-Intellectual Disability (DM-ID) assessment; as well as how to support an individual with these diagnoses.	4/10/18	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Observing, Reporting, and Documentation	This training provides information on how to objectively observe, report, and document information that will be important to both the physical and mental wellbeing of individuals with I/DD.	4/12/18	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA
The Fatal Four (Aspiration, Constipation, Dehydration, Seizures)	This training provides information on which conditions are included in the fatal four, their causes, risk factors, complications, and treatments as well as preventative strategies.	4/13/18	10:00 a.m. - 12:00 p.m.	Franklin County Annex Building Chambersburg, PA
Consumer Syllabus Preparing for Dental Appointments	This training provides information about the importance of dental appointments and oral care as well as ways you can prepare to make the most of your appointments.	4/13/18	1:00 p.m. - 2:00 p.m.	Franklin County Annex Building Chambersburg, PA
Cerebral Palsy	This training provides a general overview of cerebral palsy, including potential causes, signs/symptoms, treatments, and considerations for individuals as they age.	4/19/18	10:00 a.m. – 11:00 a.m.	Lebanon County CMU Office Building
Caregiver Sensitivity	This training provides information on sensitivity as it pertains to caregivers working with individuals with developmental disabilities. This training highlights types of abuse, dynamics of an abusive relationship, and caregiver's role in detecting and reporting abuse.	4/26/18	10:00 a.m. - 12:00 p.m.	St. Matthew's Evangelical Church York, PA
Consumer Syllabus Preparing for Dental Appointments	This training provides information about the importance of dental appointments and oral care as well as ways you can prepare to make the most of your appointments.	4/26/18	1:00 p.m. - 2:00 p.m.	St. Matthew's Evangelical Church York, PA



May 2018

South Central PA Health Care Quality Unit Training Syllabus

To register please email: tl@theadvocacyalliance.org

TITLE	DESCRIPTION	DATE	TIME	LOCATION
The Fatal Four (Aspiration, Constipation, Dehydration, Seizures)	This training provides information on which conditions are included in the fatal four, their causes, risk factors, complications, and treatments as well as preventative strategies.	5/1/18	10:00 a.m. - 12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
Bipolar Disorder	This training provides information on the types of bipolar disorders, depressive and manic symptoms, treatment options, and bipolar disorder in individuals with I/DD.	5/2/18	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Deep Vein Thrombosis (DVT)	This training provides an overview of DVT including: risk factors, symptoms, diagnoses, treatment and prevention.	5/8/18	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Impulse Control Disorder (ICD)	The training provides an overview of ICD including the different categories, possible causes, signs/symptoms, and treatment strategies.	5/10/18	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA
Intellectual Disability and Psychiatric Disorders (Official ODP dual diagnosis curriculum, # 12 in series)	This training provides an overview of various psychiatric disorders and an introduction to the Diagnostic and Statistical Manual of Mental Disorders (DSM) and the Diagnostic Manual-Intellectual Disability (DM-ID) assessment; as well as how to support an individual with these diagnoses.	5/11/18	10:00 a.m. - 12:00 p.m.	Franklin County Annex Building Chambersburg, PA
Consumer Syllabus Environmental Awareness and Safety	This training provides information on ways to become aware and remain safe both at home and in the community.	5/11/18	1:00 p.m. - 2:00 p.m.	Franklin County Annex Building Chambersburg, PA
Obsessive Compulsive Disorder (OCD)	This training provides an overview of OCD including signs and symptoms, causes, risk factors, complications, treatment, and ways to support individuals with OCD.	5/17/18	10:00 a.m. – 11:00 a.m.	Lebanon County CMU Office Building
Pica (Eating Disorder)	The training provides an overview of Pica including theories of what causes Pica, warning signs, complications, and treatment and ongoing management.	5/24/18	10:00 a.m. - 12:00 p.m.	St. Matthew's Evangelical Church York, PA
Consumer Syllabus Environmental Awareness and Safety	This training provides information on ways to become aware and remain safe both at home and in the community.	5/24/18	1:00 p.m. - 2:00 p.m.	St. Matthew's Evangelical Church York, PA



June 2018

South Central PA Health Care Quality Unit Training Syllabus

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TITLE	DESCRIPTION	DATE	TIME	LOCATION
Sexuality and Sexual Expression in Individuals with Developmental Disabilities	This training provides information to increase awareness about issues related to sexuality in individuals with developmental disabilities. Topics will include sexuality education, diversity, and consent. The relationships and boundaries curriculum for individuals that is offered by the Health Care Quality Unit will be reviewed.	6/5/18	10:00 a.m. - 12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
Medication Errors	This training compliments ODP's medication administration program. This training features basic principles of medication administration, importance of observation, documentation and reporting medication side effects and errors, and common elements that lead to medication errors.	6/6/18	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Medication Errors	This training compliments ODP's medication administration program. This training features basic principles of medication administration, importance of observation, documentation and reporting medication side effects and errors, and common elements that lead to medication errors.	6/8/18	10:00 a.m. - 12:00 p.m.	Franklin County Annex Building Chambersburg, PA
Consumer Syllabus Healthy Habits	This training provides an overview of some key habits to maintain health and wellness.	6/8/18	1:00 p.m. - 2:00 p.m.	Franklin County Annex Building Chambersburg, PA
The Fatal Four (Aspiration, Constipation, Dehydration, Seizures)	This training provides information on which conditions are included in the fatal four, their causes, risk factors, complications, and treatments as well as preventative strategies.	6/12/18	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Bipolar Disorder	This training provides information on the types of bipolar disorders, depressive and manic symptoms, treatment options, and bipolar disorder in individuals with I/DD.	6/14/18	10:00 a.m. - 12:00 p.m. or 1:00 p.m.- 3:00 p.m.	St. Matthew's Evangelical Church York, PA
Lyme Disease	This training provides information on Lyme disease including causes, symptoms, risk factors, diagnostic and screening tests, treatment options, and prevention strategies.	6/21/18	10:00 a.m. - 11:00 a.m.	Lebanon County CMU Office Building
Sexuality and Sexual Expression in Individuals with Developmental Disabilities	This training provides information to increase awareness about issues related to sexuality in individuals with developmental disabilities. Topics will include sexuality education, diversity, and consent. The relationships and boundaries curriculum for individuals that is offered by the Health Care Quality Unit will be reviewed.	6/28/18	10:00 a.m. - 12:00 p.m.	St. Matthew's Evangelical Church York, PA
Consumer Syllabus Healthy Habits	This training provides an overview of some key habits to maintain health and wellness.	6/28/18	1:00 p.m. - 2:00 p.m.	St. Matthew's Evangelical Church York, PA