



November 2017

**South Central PA Health Care Quality Unit Training Syllabus**

To register please email: [tl@theadvocacyalliance.org](mailto:tl@theadvocacyalliance.org)

<b>TITLE</b>	<b>DESCRIPTION</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Asthma	This training provides an overview of Asthma. This training features physiology of the lungs, types of Asthma, signs, symptoms and treatment of Asthma, and a preventative plan for managing Asthma.	11/1/17	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Everyday Lives and Recovery: Functional Behavior Assessment and Behavior Support Planning (Official ODP dual diagnosis curriculum, #17 in series)	This training provides best practices in the development and recognition of a good behavioral plan and the functional behavior assessment of what it is, how it is developed and why it is utilized.	11/7/17	10:00 a.m. - 12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
Everyday Lives and Recovery: The Role of Everyday Lives and Recovery. (Official ODP dual diagnosis curriculum, #15 in series)	This training provides an overview of 14 components of Everyday Lives and the role they relate to Direct Supporters are presented as well as the importance of empathy, trust, and rapport in the care giving process.	11/9/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA
Dysphagia and Gastroesophageal Reflux Disease (GERD)	This training provides an overview of dysphagia and ways to support individuals with this swallowing disorder. An overview of GERD and the care of individuals with this disorder will also be covered.	11/14/17	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Everyday Lives and Recovery: Functional Behavior Assessment and Behavior Support Planning (Official ODP dual diagnosis curriculum, #17 in series)	This training provides best practices in the development and recognition of a good behavioral plan and the functional behavior assessment of what it is, how it is developed and why it is utilized.	11/16/17	10:00 a.m.-12:00 p.m.	Lebanon County MH/ID/EI County Building, Lebanon, PA
Autism and Sensory Integration	This training provides an overview of Autism, including an introduction to Autism, symptoms, characteristics, causes, theories, and treatment options, including information on sensory integration therapy.	11/17/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	Franklin County Annex Building Chambersburg, PA
The Urinary System	This training provides an overview of the urinary system, including how the system functions, common problems that may arise, and treatment options.	11/22/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA



December 2017

**South Central PA Health Care Quality Unit Training Syllabus**

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<b>TITLE</b>	<b>DESCRIPTION</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Interpretation of Blood Work	This training provides an understanding of why certain tests are performed and how often an individual should have blood work drawn. This training features white and red blood cells by definition, and discussion on hemoglobin, hematocrit, platelets and various chemistry screenings.	12/5/17	10:00 a.m. - 12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
Everyday Lives and Recovery: Crisis Supports and Debriefing.(Official ODP dual diagnosis curriculum, #19 in series)	This training provides the information necessary to recognize what constitutes a crisis situation, utilize positive crisis prevention techniques, how to manage a crisis situation, and debriefing procedures.	12/6/17	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Everyday Lives and Recovery: Stress Management for the Direct Supporter. (Official ODP dual diagnosis curriculum, #20 and final presentation in the series)	This training provides information for direct support professionals on stress and how to reduce its effects in their lives and how to incorporate stress reduction techniques into their daily lives.	12/8/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	Franklin County Annex Building Chambersburg, PA
Everyday Lives and Recovery: Functional Behavior Assessment and Behavior Support Planning (Official ODP dual diagnosis curriculum, #17 in series)	This training provides best practices in the development and recognition of a good behavioral plan and the functional behavior assessment of what it is, how it is developed and why it is utilized.	12/12/17	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Everyday Lives and Recovery: Mental Health Therapy and Dual Diagnosis. (Official ODP dual diagnosis curriculum, #16 in series)	This training provides information about mental health therapy, why it is beneficial, the role of the team in the therapy process and the resources for locating and accessing mental health therapy.	12/14/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA
The Urinary System	This training provides an overview of the urinary system, including how the system functions, common problems that may arise, and treatment options.	12/21/17	10:00 a.m. - 12:00 p.m.	Lebanon County MH/ID/EI County Building Lebanon, PA
Gastrointestinal (GI) Disorders	This training provides an overview of common GI disorders including Irritable Bowel Syndrome (IBS). This training features basic anatomy and physiology of the digestive tract, signs and symptoms, causes, diagnosis, treatment, complications and prevention of gastrointestinal disorders.	12/28/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA



January 2018

**South Central PA Health Care Quality Unit Training Syllabus**

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Everyday Lives and Recovery: Crisis Supports and Debriefing (Official ODP dual diagnosis curriculum, #19 in series)	This training provides the information necessary to recognize what constitutes a crisis situation, utilize positive crisis prevention techniques, how to manage a crisis situation, and debriefing procedures.	1/2/18	10:00 a.m. - 12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
The Urinary System	This training provides an overview of the urinary system, including how the system functions, common problems that may arise, and treatment options.	1/3/18	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Effective Communication	This training provides an overview of effective listening, comprehensive preparation for health care appointments, and effective communication with health care providers.	1/9/18	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Everyday Lives and Recovery: Functional Behavior Assessment and Behavior Support Planning (Official ODP dual diagnosis curriculum, #17 in series)	This training provides best practices in the development and recognition of a good behavioral plan and the functional behavior assessment of what it is, how it is developed, and why it is utilized.	1/11/18	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA
Dysphagia and Gastroesophageal Reflux Disease (GERD)	This training provides an overview of dysphagia and ways to support individuals with this swallowing disorder. An overview of GERD and the care of individuals with this disorder will also be covered.	1/12/18	10:00 a.m. - 12:00 p.m.	Franklin County Annex Building Chambersburg, PA
Consumer Syllabus Exercise	This training provides an overview of the physical and mental benefits of exercise as well as ways to incorporate exercise into your daily life.	1/12/18	1:00 p.m. - 2:00 p.m.	Franklin County Annex Building Chambersburg, PA
Everyday Lives and Recovery: Crisis Supports and Debriefing (Official ODP dual diagnosis curriculum, #19 in series)	This training provides the information necessary to recognize what constitutes a crisis situation, utilize positive crisis prevention techniques, how to manage a crisis situation, and debriefing procedures.	1/18/18	10:00 a.m. - 11:00 a.m.	Lebanon County CMU Office Building
Asthma	This training provides an overview of Asthma. This training features physiology of the lungs, types of Asthma, signs, symptoms and treatment of Asthma, and a preventative plan for managing Asthma.	1/25/18	10:00 a.m. - 12:00 p.m.	St. Matthew's Evangelical Church York, PA
Consumer Syllabus Exercise	This training provides an overview of the physical and mental benefits of exercise as well as ways to incorporate exercise into your daily life.	1/25/18	1:00 p.m. - 2:00 p.m.	St. Matthew's Evangelical Church York, PA



February 2018

**South Central PA Health Care Quality Unit Training Syllabus**

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<b>TITLE</b>	<b>DESCRIPTION</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Effective Communication	This training provides an overview of effective listening, comprehensive preparation for health care appointments, and effective communication with health care providers.	2/6/18	10:00 a.m. - 12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
Everyday Lives and Recovery: Stress Management for the Direct Supporter (Official ODP dual diagnosis curriculum, #20 and final presentation in the series)	This training provides information for direct support professionals on stress and how to reduce its effects in their lives and how to incorporate stress reduction techniques into their daily lives.	2/7/18	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Everyday Lives and Recovery: Crisis Supports and Debriefing.(Official ODP dual diagnosis curriculum, #19 in series)	This training provides the information necessary to recognize what constitutes a crisis situation, utilize positive crisis prevention techniques, how to manage a crisis situation, and debriefing procedures.	2/8/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA
Caregiver Sensitivity	This training provides information on sensitivity as it pertains to caregivers working with individuals with developmental disabilities. This training highlights types of abuse, dynamics of an abusive relationship, and caregiver's role in detecting and reporting abuse.	2/9/18	10:00 a.m. - 12:00 p.m.	Franklin County Annex Building Chambersburg, PA
Consumer Syllabus Stress Management	This training provides information on stress, its impact on the body, and ways to manage it in our everyday lives.	2/9/18	1:00 p.m. - 2:00 p.m.	Franklin County Annex Building Chambersburg, PA
Everyday Lives and Recovery: Crisis Supports and Debriefing (Official ODP dual diagnosis curriculum, #19 in series)	This training provides the information necessary to recognize what constitutes a crisis situation, utilize positive crisis prevention techniques, how to manage a crisis situation, and debriefing procedures.	2/13/18	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Everyday Lives and Recovery: Stress Management for the Direct Supporter (Official ODP dual diagnosis curriculum, #20 and final presentation in the series)	This training provides information for direct support professionals on stress and how to reduce its effects in their lives and how to incorporate stress reduction techniques into their daily lives.	2/15/18	10:00 a.m. – 11:00 a.m.	Lebanon County CMU Office Building
The Fatal Four (Aspiration, Constipation, Dehydration, Seizures)	This training provides information on which conditions are included in the fatal four, their causes, risk factors, complications, and treatments as well as preventative strategies.	2/22/18	10:00 a.m. - 12:00 p.m.	St. Matthew's Evangelical Church York, PA
Consumer Syllabus Stress Management	This training provides information on stress, its impact on the body and ways to manage it in our everyday lives.	2/22/18	1:00 p.m. - 2:00 p.m.	St. Matthew's Evangelical Church York, PA



March 2018

**South Central PA Health Care Quality Unit Training Syllabus**

To register please email: [tl@theadvocacyalliance.org](mailto:tl@theadvocacyalliance.org)

<b>TITLE</b>	<b>DESCRIPTION</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Everyday Lives and Recovery: Stress Management for the Direct Supporter (Official ODP dual diagnosis curriculum, #20 and final presentation in the series)	This training provides information for direct support professionals on stress and how to reduce its effects in their lives and how to incorporate stress reduction techniques into their daily lives.	3/6/18	10:00 a.m. - 12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
Sexuality and Sexual Expression in Individuals with Developmental Disabilities	This training provides information to increase awareness about issues related to sexuality in individuals with developmental disabilities. Topics will include sexuality education, diversity, and consent. The relationships and boundaries curriculum for individuals that is offered by the Health Care Quality Unit will be reviewed.	3/7/18	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Everyday Lives and Recovery: Stress Management for the Direct Supporter (Official ODP dual diagnosis curriculum, #20 and final presentation in the series)	This training provides information for direct support professionals on stress and how to reduce its effects in their lives and how to incorporate stress reduction techniques into their daily lives.	3/8/17	10:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA
Respiratory Complications	This training provides an overview of common respiratory diseases and illnesses. This training features a summary of the anatomy of the respiratory system, signs, symptoms, treatment and complications of respiratory illnesses, as well as preventative measures.	3/9/18	10:00 a.m. - 12:00 p.m.	Franklin County Annex Building Chambersburg, PA
Consumer Syllabus Understanding Doctors' Appointments and Preventative Care	This training provides information about the importance of medical appointments and preventative care as well as ways individuals can prepare themselves to make the most of each appointment.	3/9/18	1:00 p.m. - 2:00 p.m.	Franklin County Annex Building Chambersburg, PA
Everyday Lives and Recovery: Stress Management for the Direct Supporter (Official ODP dual diagnosis curriculum, #20 and final presentation in the series)	This training provides information for direct support professionals on stress and how to reduce its effects in their lives and how to incorporate stress reduction techniques into their daily lives.	3/13/18	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Sexuality and Sexual Expression in Individuals with Developmental Disabilities	This training provides information to increase awareness about issues related to sexuality in individuals with developmental disabilities. Topics will include sexuality education, diversity, and consent. The relationships and boundaries curriculum for individuals that is offered by the Health Care Quality Unit will be reviewed.	3/15/18	10:00 a.m. - 12:00 p.m.	Lebanon County CMU Office Building
Epilepsy and Seizures	This training provides an overview of Epilepsy and Seizures. This training features characteristics of different types of seizures, first aid, and emergency management.	3/22/18	10:00 a.m. - 12:00 p.m.	St. Matthew's Evangelical Church York, PA
Consumer Syllabus Understanding Doctors' Appointments and Preventative Care	This training provides information about the importance of medical appointments and preventative care as well as ways individuals can prepare themselves to make the most of each appointment.	3/22/18	1:00 p.m. - 2:00 p.m.	St. Matthew's Evangelical Church York, PA