



April 2025

**South Central PA Health Care Quality Unit Training Syllabus**

| <b>TITLE</b>                                    | <b>DESCRIPTION</b>   | <b>DATE</b> | <b>TIME</b>                  | <b>LOCATION</b> |
|---|--|-------------|------------------------------|-----------------|
| Women and Healthy Aging                         | This training provides an overview of healthy aging with a focus on issues specific to women as they age.  | 4/7/25      | 1:00 p.m.- 2:00 p.m.<br>(ET) | via Zoom        |
| Caregiver Sensitivity                           | This training provides information on sensitivity as it pertains to caregivers working with individuals with developmental disabilities. This training highlight types of abuse, dynamics of an abusive relationship, and caregiver's role in detecting and reporting abuse. | 4/10/25     | 10:00 a.m.- 11:00am.<br>(ET) | via Zoom        |
| Cerebral Palsy                                  | This training provides a general overview of cerebral palsy, including potential causes, signs/symptoms, treatments, and considerations for individuals as they age.   | 4/15/25     | 2:00 p.m.- 3:00 p.m.<br>(ET) | via Zoom        |
| Attention-Deficit/Hyperactivity Disorder (ADHD) | This training provides an overview of ADHD including causes, risk factors, symptoms, diagnoses, treatments, and management strategies.   | 4/28/25     | 10:00 a.m.- 11:00am.<br>(ET) | via Zoom        |

To register please email Colleen Rafferty-- [cmr@theadvocacyalliance.org](mailto:cmr@theadvocacyalliance.org)



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|---|--|-------------|------------------------------|-----------------|
| Sleep, Fatigue and Chronic Fatigue Syndrome | This training provides basic information about sleep, the causes and effects of fatigue, and strategies to reduce or eliminate fatigue. This training features chronic fatigue syndrome, including symptoms, diagnosis, and treatment. | 5/5/25      | 1:00 p.m.- 2:00 p.m.<br>(ET) | via Zoom        |
| Urinary Tract Infections (UTIs) and Sepsis  | This training provides an overview of UTIs and sepsis, including causes, symptoms, treatments, and potential complications.  | 5/8/25      | 10:00 a.m.- 11:00am.<br>(ET) | via Zoom        |
| Responding to a Crisis                      | This training provides information on how to identify a crisis, the stages of crisis, and management strategies that can be used when a crisis occurs.   | 5/20/25     | 2:00 p.m.- 3:00 p.m.<br>(ET) | via Zoom        |
| Understanding Behavior and De-Escalation    | This training provides an overview of behavioral de-escalation and factors contributing to challenging behaviors.  | 5/27/25     | 10:00 a.m.- 11:30am.<br>(ET) | via Zoom        |

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June 2025

**South Central PA Health Care Quality Unit Training Syllabus**

| TITLE   | DESCRIPTION  | DATE    | TIME                          | LOCATION |
|---|--|---------|-------------------------------|----------|
| Summer Safety   | This training provides an overview of dehydration, heat exhaustion, heat stroke, risk factors for heat related illnesses, medication affecting heat regulation, drug induced photosensitivity, skin cancers, and allergic reactions. | 6/2/25  | 1:00 p.m.- 2:00 p.m.<br>(ET)  | via Zoom |
| Deep Vein Thrombosis (DVT)  | This training provides an overview of DVT, including causes, risk factors, symptoms, diagnoses, treatment, and prevention.   | 6/12/25 | 10:00 a.m.- 11:00 am.<br>(ET) | via Zoom |
| The Fatal Five (Aspiration, Constipation, Dehydration, Seizures and Sepsis) | This training provides an overview of the conditions included in the fatal five, including causes, risk factors, complications, and treatments as well as preventative strategies.   | 6/17/25 | 2:00 p.m.- 4:00 p.m.<br>(ET)  | via Zoom |
| Overview of Personality Disorders   | This training provides an overview of personality disorders, including symptoms, diagnosis, treatments, and support strategies.  | 6/23/25 | 10:00 a.m.- 11:30 am.<br>(ET) | via Zoom |

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