



October 2026

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Dementia Lisa	This training provides an overview of dementia, including the different types, potential causes, signs and symptoms, treatment options, as well as support and safety strategies.	10/5/26	1:00 p.m.- 2:00 p.m. (ET)	via Zoom
Compromised Skin Integrity Barb	This training provides an overview of compromised skin integrity, including the role of the skin as an organ, risk factors for skin breakdown, the stages of breakdown, treatments, interventions, and barriers to healing.	10/8/26	10:00 a.m.- 11:00 a.m. (ET)	via Zoom
Autism and Sensory Integration Lisa	This training provides an overview of Autism, including an introduction to Autism, symptoms, characteristics, causes, theories, and treatment options, including information on sensory integration therapy.	10/20/26	2:00 p.m.- 3:00 p.m. (ET)	via Zoom
Delusional Disorder Laura	This training provides an overview of delusional disorder, including signs, treatments, and support strategies.	10/26/26	10:00 a.m.- 11:00 a.m. (ET)	via Zoom

To register please email Colleen Rafferty-- cmr@theadvocacyalliance.org



November 2026

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
The Fatal Five (Aspiration, Constipation, Dehydration, Seizures and Sepsis) Petra	This training provides an overview of the conditions included in the fatal five, their causes, risk factors, complications, and treatments as well as preventative strategies.	11/2/26	1:00 p.m.- 3:00 p.m. (ET)	via Zoom
Medication Errors Barb	This training provides a compliment to ODP's medication administration program. This training features basic principles of medication administration, importance of observation, documentation and reporting medication side effects and errors, and common elements that lead to medication errors.	11/12/26	10:00 a.m.- 11:00 a.m. (ET)	via Zoom
Healthy Nutrition and Weight Management Lisa	This training provides information on the importance of healthy nutrition and weight management in disease prevention. The training includes components of healthy nutrition and healthy food choices.	11/17/26	2:00 p.m.- 3:00 p.m. (ET)	via Zoom
Behavior De-escalation Laura	This training provides information about the underlying functions of behavior that can lead to escalation, and how to assist someone in de-escalating. This training will review de-escalation techniques and how to reduce risk of behavioral crisis.	11/30/26	10:00 a.m.- 11:00 a.m. (ET)	via Zoom

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December 2026

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Epilepsy and Seizures Petra	This training provides an overview of Epilepsy and Seizures. This training features characteristics of different types of seizures, first aid, and emergency management.	12/7/26	1:00 p.m.- 2:00 p.m. (ET)	via Zoom
Medication Errors: De-briefing Barb	This training provides an overview of medication errors with a focus on the importance of de-briefing with staff after an error, including information on how to implement a de-briefing protocol.	12/10/26	10:00 a.m.- 11:00 a.m. (ET)	via Zoom
Aging and Intellectual/Developmental Disabilities (IDD) Lisa	This training provides an overview of healthy aging for individuals with IDD, including potential barriers to healthy aging and strategies to support individuals as they age.	12/15/26	2:00 p.m.- 3:00 p.m. (ET)	via Zoom
Trauma Informed Care Laura	This training provides an overview of trauma informed care, including the definition, signs and symptoms of trauma, and strategies to create a trauma informed system of care.	12/21/26	10:00 a.m.- 11:30 a.m. (ET)	via Zoom

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