



October 2022

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Guidelines for Emergency Room or Hospital Discharges	This training provides an overview of hospital discharge planning and transitioning smoothly from hospital to community living arrangement.	10/4/22	1:00 p.m.- 2:00 p.m.	Virtual via Zoom
Pneumonia and Influenza	This training provides a general overview of Pneumonia and Influenza, as well as explaining the difference between the two diagnoses. This training features prevention, signs and symptoms, risk factors, and treatment of Pneumonia and Influenza.	10/13/22	2:00 p.m.- 3:30 p.m.	Virtual via Zoom
Aging and IDD	This training provides an overview of healthy aging for individuals with IDD, including potential barriers to healthy aging and strategies to support individuals as they age.	10/17/22	9:00 a.m.- 10:30 a.m.	Virtual via Zoom
Depression with Seasonal Pattern	This training provides an overview of Depression with Seasonal Pattern, including causes, symptoms, treatments, and strategies for caregiving.	10/28/22	11:00 a.m.- 12:00 p.m.	Virtual via Zoom

To register please email Katie Freeman-- kf1@theadvocacyalliance.org



November 2022

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
The Fatal Five (Aspiration, Constipation, Dehydration, Seizures and Sepsis)	This training provides an overview of the conditions included in the fatal five, their causes, risk factors, complications, and treatments as well as preventative strategies.	11/2/22	10:00 a.m.- 12:00 p.m.	Virtual via Zoom
Respiratory Complications	This training provides an overview of common respiratory diseases and illnesses. This training features a summary of the anatomy of the respiratory system, signs, symptoms, treatment, and complications of respiratory illnesses.	11/7/22	10:00 a.m.- 11:00 a.m.	Virtual via Zoom
Professionalism	This training provides an overview of Professionalism in the workplace. Topics addressed use scenarios including communication, body language, competence, respect, accountability, and attitude.	11/17/22	2:00 p.m.- 3:30 p.m.	Virtual via Zoom
Post-Traumatic Stress Disorder	This training provides an overview of Post-Traumatic Stress Disorder including causes, symptoms, treatments, and strategies for caregiving.	11/30/22	10:00 a.m.- 11:30 a.m.	Virtual via Zoom

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December 2022

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Emergency Preparedness	This training provides an overview of Emergency Preparedness including types of situations that could turn into an emergency, steps to take during an emergency, and strategies to help you be prepared for a future emergency.	12/6/22	2:00 p.m.- 3:00 p.m.	Virtual via Zoom
Stress Management	This training provides an overview of Stress Management including ways to cope with and manage stress. This training features Stress Management by definition, acute versus chronic stress, psychological and physical effects of stress, and coping strategies.	12/15/22	9:00 a.m.- 10:30 a.m.	Virtual via Zoom
The Urinary System	This training provides an overview of The Urinary System, including how the system functions, common problems that may arise, and treatment options.	12/19/22	10:00 a.m.- 11:30 a.m.	Virtual via Zoom
Impulse Control Disorder (ICD)	This training provides an overview of ICD including the different categories, possible causes, signs/symptoms, and treatment strategies.	12/28/22	11:00 a.m.- 12:00 p.m.	Virtual via Zoom

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