



September 2019

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
The Urinary System	This training provides an overview of the urinary system, including how the system functions, common problems that may arise, and treatment options.	9/3/19	10:00 a.m. - 12:00 p.m.	Silver Spring Presbyterian Church Mechanicsburg, PA
Understanding Behavior: Understanding Trauma-Informed Care and Stressful Life Events.(Official ODP dual diagnosis curriculum, #9 in series)	This training provides information regarding the understanding of trauma, how it relates to people with an intellectual disability and recommendations designed to develop a trauma sensitive environment.	9/4/19	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Responding to a Crisis	This training provides information on how to identify a crisis, the stages of crisis, and management strategies that can be used when a crisis occurs.	9/10/19	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Impulse Control Disorder (ICD)	This training provides an overview of ICD including the different categories, possible causes, signs/symptoms, and treatment strategies.	9/12/19	10:00 a.m. - 12:00 p.m.	St. Matthew's Evangelical Church York, PA
Understanding Common Lab Tests	This training provides an understanding of why certain tests are performed and how often an individual should have blood work drawn. This training features white and red blood cells by definition, and discussion on hemoglobin, hematocrit, platelets and various chemistry screenings.	9/12/19	1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA
Communicating with the Nonverbal Individual	This training provides an overview of effective interpersonal communication, challenges experienced with nonverbal communication, and strategies to support individuals who are nonverbal.	9/13/19	10:00 a.m. - 12:00 p.m.	Franklin County MH/IDD/EI Building Chambersburg, PA
Understanding Common Lab Tests	This training provides an understanding of why certain tests are performed and how often an individual should have blood work drawn. This training features white and red blood cells by definition, and discussion on hemoglobin, hematocrit, platelets and various chemistry screenings.	9/26/19	10:00 a.m. - 12:00 p.m.	St. Matthew's Evangelical Church York, PA
Impulse Control Disorder (ICD)	This training provides an overview of ICD including the different categories, possible causes, signs/symptoms, and treatment strategies.	9/26/19	1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA

To register please email Katie Freeman-- kf1@theadvocacyalliance.org



October 2019

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Effective Communication	This training provides an overview of effective listening, comprehensive preparation for health care appointments, and effective communication with health care providers. *This training will be held live, online. Email registration is required	10/1/19	10:00 a.m. - 12:00 p.m.	Live, Online Session
Positive Behavior Supports	This training provides an overview of positive behavior supports and behavior intervention plans. The training features challenging behaviors by definition and the essential components of positive behavior supports.	10/2/19	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Guidelines for Emergency Room or Hospital Discharges	This training provides an overview of hospital discharge planning and transitioning smoothly from hospital to community living arrangement.	10/8/19	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Effective Communication	This training provides an overview of effective listening, comprehensive preparation for health care appointments, and effective communication with health care providers.	10/10/19	10:00 a.m. - 12:00 p.m.	St. Matthew's Evangelical Church York, PA
Bipolar Disorder	This training provides information on the types of bipolar disorders, depressive and manic symptoms, treatment options, and bipolar disorder in individuals with I/DD.	10/10/19	1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA
Compassion Fatigue	This training provides an overview of compassion fatigue as it is commonly experienced by workers in the human services field. The training will focus on identifying compassion fatigue in oneself and others through common signs and symptoms, suggestions for coping mechanisms for self-care, and resources for seeking further help.	10/11/19	10:00 a.m. - 12:00 p.m.	Franklin County MH/IDD/EI Building Chambersburg, Pa
Bipolar Disorder	This training provides information on the types of bipolar disorders, depressive and manic symptoms, treatment options, and bipolar disorder in individuals with I/DD.	10/24/19	10:00 a.m. - 12:00 p.m.	St. Matthew's Evangelical Church York, PA
Effective Communication	This training provides an overview of effective listening, comprehensive preparation for health care appointments, and effective communication with health care providers.	10/24/19	1:00 p.m. - 3:00 p.m.	St. Matthew's Evangelical Church York, PA

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November 2019

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Understanding Behavior: Understanding Trauma-Informed Care and Stressful Life Events. (Official ODP dual diagnosis curriculum, #9 in series)	This training provides information regarding the understanding of trauma, how it relates to people with an intellectual disability and recommendations designed to develop a trauma sensitive environment. *This training will be held live, online. Email registration is required	11/5/19	10:00 a.m. - 12:00 p.m.	Live, Online Session
Guidelines for Emergency Room or Hospital Discharges	This training provides an overview of hospital discharge planning and transitioning smoothly from hospital to community living arrangement.	11/6/19	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
The Urinary System	This training provides an overview of the urinary system, including how the system functions, common problems that may arise, and treatment options.	11/7/19	10:00 a.m. – 12:00 p.m.	St. Matthew’s Evangelical Church York, PA
Stress Management	This training provides an overview of Stress Management including ways to cope with and manage stress. This training features Stress Management by definition, acute versus chronic stress, psychological and physical effects of stress, and coping strategies.	11/7/19	1:00 p.m. - 3:00 p.m.	St. Matthew’s Evangelical Church York, PA
Guidelines for Emergency Room or Hospital Discharges	This training provides an overview of hospital discharge planning and transitioning smoothly from hospital to community living arrangement.	11/8/19	10:00 a.m. - 12:00 p.m.	Franklin County MH/IDD/EI Building Chambersburg, Pa
Understanding Behavior: Understanding Trauma-Informed Care and Stressful Life Events.(Official ODP dual diagnosis curriculum, #9 in series)	This training provides information regarding the understanding of trauma, how it relates to people with an intellectual disability and recommendations designed to develop a trauma sensitive environment.	11/12/19	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Stress Management	This training provides an overview of Stress Management including ways to cope with and manage stress. This training features Stress Management by definition, acute versus chronic stress, psychological and physical effects of stress, and coping strategies.	11/21/19	10:00 a.m. - 12:00 p.m.	St. Matthew’s Evangelical Church York, PA
The Urinary System	This training provides an overview of the urinary system, including how the system functions, common problems that may arise, and treatment options.	11/21/19	1:00 p.m. - 3:00 p.m.	St. Matthew’s Evangelical Church York, PA

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December 2019

South Central PA Health Care Quality Unit Training Syllabus

TITLE	DESCRIPTION	DATE	TIME	LOCATION
Autism and Sensory Integration	This training provides an overview of Autism, including an introduction to Autism, symptoms, characteristics, causes, theories, and treatment options, including information on sensory integration therapy. *This training will be held live, online. Email registration is required	12/3/19	10:00 a.m. - 12:00 p.m.	Live, Online Session
Sexuality and Sexual Expression in Individuals with Developmental Disabilities	This training provides information to increase awareness about issues related to sexuality in individuals with developmental disabilities. Topics will include sexuality education, diversity, and consent. The relationships and boundaries curriculum for individuals that is offered by the Health Care Quality Unit will be reviewed.	12/4/19	10:00 a.m. - 12:00 p.m.	Hope Born in Christ Church Lancaster, PA
Respiratory Complications	This training provides an overview of common respiratory diseases and illnesses. This training features a summary of the anatomy of the respiratory system, signs, symptoms, treatment and complications of respiratory illnesses, as well as preventative measures.	12/5/19	10:00 a.m. – 12:00 p.m.	St. Matthew’s Evangelical Church York, PA
Diabetes	This training provides an overview of Diabetes including long-term management strategies. This training features anatomy and physiology of Diabetes, risk factors, signs and symptoms of Diabetes, comparison of hypoglycemia with hyperglycemia, treatment, long-term management, and complications.	12/5/19	1:00 p.m. - 3:00 p.m.	St. Matthew’s Evangelical Church York, PA
Communicating with the Nonverbal Individual	This training provides an overview of effective interpersonal communication, challenges experienced with nonverbal communication, and strategies to support individuals who are nonverbal.	12/10/19	1:00 p.m. - 3:00 p.m.	Linglestown Road Giant Store Harrisburg, PA
Effective Communication	This training provides an overview of effective listening, comprehensive preparation for health care appointments, and effective communication with health care providers.	12/13/19	10:00 a.m. - 12:00 p.m.	Franklin County MH/IDD/EI Building Chambersburg, Pa
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